



144 Oenoke Ridge
New Canaan, CT 06840
Tel (203) 966-9577 Fax (203) 966-6536
www.NewCanaanNature.org

CAMP FORMS

We are required by law to have camper emergency information and a valid health form on file before your child(ren) attend camp.

Your child(ren) may not begin camp until we have these forms on file. NO EXCEPTIONS can be afforded. Return all forms no later than the Monday before each session begins.

Forms can also be found on our website at
www.NewCanaanNature.org/programs/camp/forms.php

1. CAMPER HEALTH EXAM/RECORD FORM

- Health Exam/Record Forms must be **signed by both a physician AND a parent/guardian**.
- Medical exams are valid for 3 years.
- **REQUIRED for ALL CAMPERS except Summer Nurturing Nature** who are accompanied by parent/guardian throughout their camp time at NCNC.
- Physician must sign our form (but can also attach medical exam / history info).
- **For Beginner's Nature Program (BNP) students only:** We will automatically pull your Health Record Form from the 2009-10 preschool files; however, we will still need a Camper Information Form.

2. CAMPER INFORMATION FORM

- **REQUIRED for ALL CAMPERS / ALL AGE GROUPS, even if attended camp last year.**
- This form provides important up-to-date Emergency Contact & Emergency Release information along with current authorized persons to pick-up child(ren) from camp.

3. ADMINISTRATION OF MEDICATION FORM

- **REQUIRED for ALL PRESCRIPTION and NON-PRESCRIPTION MEDICATIONS**
- Must be signed by both physician and parent/guardian.
- Applies for medications to be administered by NCNC staff or self-administered by camper.
- Form can be found online at www.NewCanaanNature.org/programs/camp/forms.php

ALLERGIES and MEDICATIONS

The New Canaan Nature Center is a **PEANUT and TREE NUT FREE Campus!**

- DO NOT send peanut or tree nut products with your child!
- For Adventure Camp trips, some peanut products may be allowed depending after assessing any camper allergy issues. You will be advised of these plans prior to the trip.
- **If your child is coming to camp with medication (prescription or non-prescription), we must have an ADMINISTRATION OF MEDICATIONS FORM (found on NCNC website).**
- All of our staff are trained in CPR, First Aid and Medical/Epi-pen Administration.
- **ADMINISTRATION OF MEDICATIONS FORM must be signed by a doctor and a parent or your child cannot attend camp with medications.**
- **All Medications**, including Epi-pens, must each have their own form and **must be in original packaging (with the prescription on the box/container, if applicable).**

SPECIAL NOTICE FOR YOUNGER CAMPERS

Your child must be potty trained by the time of arrival at camp. We are licensed as a summer camp and this means LEGALLY SPEAKING we are unable to change diapers or clothes for campers. Please dress the very youngest campers in clothes that are easy to get on and off by themselves to help prevent accidents and send a change of clothes just in case. We will do our best to appropriately assist as we're able in the case of accidents.



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WHAT TO EXPECT UPON ARRIVAL AT CAMP

CAMP TIMES & CLASSROOM ASSIGNMENTS

AM Half Day – 9:00am to 12:00pm
 PM Half Day – 12:30pm to 3:30pm

Full Day – 9:00am to 3:30pm
 Nurturing Nature – 9:30am to 11:00am

All campers will meet in their assigned classroom space for check-in / check-out. Signs and staff will be posted to help direct you to each Camp Classroom. Classrooms have been arranged according to certain specifications, including maintaining a safe camper to staff ratio, and will serve as “base camp” for beginning and ending each day as well as other activities requiring indoor space. Classrooms are subject to change; however, it is our intent to keep the meeting spaces the same throughout the summer. We will notify all parents at check-in / check-out time of any changes.

Camper Age Group	Session Time	Classroom Meeting Space	Building
Summer Nurturing Nature	9:30am – 11:00am	Discovery Room	Visitor Center
Age 3	AM ½ day (9:00am – 12:00pm)	Meadow Room	Education Annex
Age 4 -5 Group 1	AM ½ day (9:00am – 12:00pm)	Forest Room	Education Building
Age 4 -5 Group 2	AM ½ day (9:00am – 12:00pm)	Salamander Room	Education Annex
Age 4 -5	PM ½ day (12:30pm – 3:30pm)	Forest Room	Education Building
Age 4 -5	Full Day (9:00am – 3:30pm)	Tree Room	Education Building
Age 6-7	Full Day (9:00am – 3:30pm)	River Room	Education Building
Age 8-9	Full Day (9:00am – 3:30pm)	Lake Room	Education Building
Age 6-9 combo	PM ½ day (12:30pm – 3:30pm)	Marsh Room	Education Building
Age 10-12 (Adventure Camp)	Full Day (9:00am – 3:30pm), except for overnight trips	Green Room	Greenhouse
Age 12-15 (Adventure Camp)	Full Day (9:00am – 3:30pm), except for overnight trips	Green Room	Greenhouse

CHECK-IN / CHECK-OUT PROCEDURE

- Doors open for drop off at 9:00am sharp (12:30pm for PM ½ day). Please be on time for camp. Your punctuality helps us make the most of every moment we have with your child(ren) and ensure proper camp safety protocols.
- All campers must be checked-in before they can be dropped off to camp. Check-in sheets will be located in the Classroom. Please SIGN your whole name legibly (no initials) along with the time of check-in.
- Attendance is taken every morning to ensure proper safety. If for some reason you need to keep your child home from camp, please contact the Summer Camp Director at 203-966-9577 x 38 or e-mail gmccann@newcanaannature.org.
- If you will not be picking up your child(ren) at the end of camp, please ensure whomever is picking up your child(ren) is listed on the Camper Information Form. For the safety of your child(ren) **only adults listed on the Camper Information Form will be authorized to pick-up your child(ren) from camp.** If you need to make additions to the carpool list, please contact the Camp Director.
- Check-out will take place at each respective Classroom at 12:00pm for AM ½ day groups and 3:30pm for all other groups. Please SIGN your whole name legibly (no initials) along with the time of check-out.
- Summer Nurturing Nature campers and their caregivers should meet their instructor at 9:30am at the Discovery Room in the Visitor Center.
- If you have questions for the Camp Director or need to check on registration/payment status, please check-in your child(ren) first and then proceed to meet with camp administrators.



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WHAT TO EXPECT DURING CAMP

After meeting in their respective Camp Classrooms, camper groups will head in a variety of directions around the New Canaan Nature Center trails and grounds to explore the woods and fields, wander around ponds and wetlands, and have fun! Students move from place to place onsite while Adventure Campers travel offsite for some days as well as overnight camping trips. Our instructors lead activities that directly involve campers in learning basic concepts of ecology and the environment in which they live. Campers will also learn about stewardship while participating in service projects at camp. It is our goal to be outdoors as much as possible in order to allow children to enjoy their summer and to stir their natural curiosities to learn more about the natural world. In cases of inclement/severe weather campers will remain in their Camp Classrooms.

The New Canaan Nature Center is a **PEANUT and TREE NUT FREE Campus!**

SNACK / LUNCH

Students will be very active during their time at camp. We will provide a healthy snack and refreshment for each camper daily during their respective camp program. We are a peanut and tree nut free camp. Our snacks are planned and provided accordingly. If your child has another type of food allergy, we ask that you provide your own snack.

For campers attending FULL DAY (9:30am-3:30pm) camp: Families need to provide one nutritious sack lunch and a beverage. We suggest a sandwich, fruit juice or water, crackers and cheese, carrots or other vegetable, fruit and other similar fare. Please do not include any foods that require heating via a microwave as many lunches will occur picnic-style outdoors, plus resources are limited and not available in all classrooms. If lunches are comprised primarily of candy, pastries, and soda pop, etc. we are required to contact parents to request more nutritious food for children enrolled in our programs.

SONG CIRCLE & SPECIAL ALL CAMP ACTIVITIES

Throughout the summer there will be numerous opportunities for parents and caregivers to join in the festivities of summer camp at New Canaan Nature Center. We encourage participation in these special events and hope to see you around camp more often (not just at check-in and check-out). Examples of these fun and entertaining activities include the following:

- OPENING CEREMONIES – first Monday of each session
- SONG CIRCLE & CLOSING CEREMONIES – last Friday of each session
- ANIMAL SHOWCASE – To be determined (TBD) during Our Wild Kingdom
- SPECIAL THEME PARTY (ie. Beach Day, Superhero Day, etc.) – TBD throughout the summer (we'll send out invites)

During these special events we encourage parents and caregivers to sit with campers. Parents are invited to song circle on the last Friday of each session. If you have more than one child at camp and they are not in the same group, we ask that you pick one child to sit with during the event so the camp groups remain together.

Many special events occur at the end of the day. To ensure the safety of the children, please ensure that you follow our standard check-out procedure and sign your child(ren) out before leaving the premises with him/her. If the program is the final activity of the day, you are welcome to either walk with the group back to the classroom or meet the group at the classroom.



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WHAT TO BRING / WEAR TO CAMP

We want all campers to have a fun and enjoyable time while at camp. Please review the lists below and come prepared for many days of fun in the sun at New Canaan Nature Center! Campers will have cubby areas in which they can store their camp gear. **Please label all clothing with name & phone number.**

Summer Camp at New Canaan Nature Center is Nature Camp, so please have your child(ren) prepared to be outdoors exploring nature. This includes very rainy days so please plan accordingly and bring boots and rain gear on days that we have rain. Campers should dress in clothes and shoes that can get dirty. We recommend supplying a change of clothes that can be kept in their cubby. Hip hip hooray for messy summer fun!

Daily Camp Checklist - Items to bring/wear to camp each day

For General Exploring & Fun

- | | |
|--|--|
| <input type="checkbox"/> Water bottle (refillable) | <input type="checkbox"/> A change of clothes |
| <input type="checkbox"/> Backpack | <input type="checkbox"/> Sun block |
| <input type="checkbox"/> Lunch (no peanuts or tree nuts) for FULL DAY only | <input type="checkbox"/> Bug spray/repellant |
| <input type="checkbox"/> Sneakers or hiking shoes/boots | <input type="checkbox"/> Rain gear and/or poncho |
| <input type="checkbox"/> Hat or visor | <input type="checkbox"/> A good attitude |
| | <input type="checkbox"/> Adventurous spirit |

For Water Fun & Pond Exploring

- Rubber boots
- Closed-toe sandals with heel strap (no flip-flops)
- Change of clothes (especially socks)

What Not To Bring To Camp

- | | |
|---|---|
| <input type="checkbox"/> MP3 players | <input type="checkbox"/> Anything else you would be upset if it got lost, broken or wet |
| <input type="checkbox"/> Video games | |
| <input type="checkbox"/> Other electronic devices | |

**Please remember to apply bug repellant and sun block BEFORE camp.
Application of these items is not allowed in the classrooms.**

Adventure Camp Gear List

More detailed gear lists will be provided as we approach closer to the start of camp. Campers will need to provide their own sleeping bag, sleeping pad, backpack, stuff sack(s), clothes, rain gear (outerwear). NCNC will provide tents, all cooking equipment and supplies, canoes, paddles, PFDs, and other activity gear.

Thank you so much for your help and cooperation in helping your child(ren) have a safe and happy summer!

If you have any questions please feel free to contact us!
(203) 966-9577 x38

Cheers and happy trails,

Geoff and the 2010 NCNC Summer Camp Crew